# **Lopez Island Lobos**



## PARENT/COACH COMMUNICATION

Let the players play
Let the coaches coach
Let the officials officiate
And let the spectators cheer.

# PARENT/COACH RELATIONSHIP

We are very pleased that your son/daughter has chosen to participate in the **Lopez Island School District** athletic program. We will do all we can to provide a positive experience for him/her. Possibly the most important ingredient to achieve this outcome is to ensure that lines of communication are developed to allow for free and easy resolution of questions before they become issues. As a parent, you have a right to know what expectations are placed on your son/daughter. This leaflet is intended to spell out all levels of communications so that parents, coaches, and athletes are aware of the steps they have available to resolve anything they think is or might become an issue.

# COMMUNICATION YOU SHOULD EXPECT FROM YOUR ATHLETE'S COACH

- 1. Philosophy of the coach.
- 2. Expectations the coach has for your son/daughter.
- 3. Locations and times of all practices and contests.
- 4. Team requirements: equipment, off- season training, etc.
- 5. Procedure to follow should your son/daughter become injured during participation.
- 6. Participant conduct code and consequences for not following these guidelines.
- 7. Requirements to earn a letter.
- 8. Disposition of lost/outstanding equipment at the end of the season.
- 9. Communication concerning your athlete's role on the team and how he/she fits into the future of the program.

#### COMMUNICATION COACHES EXPECT FROM PARENTS

- 1. Concerns expressed directly to the coach first.
- 2. Notification of any schedule conflicts well in advance.
- 3. Specific concern in regard to a coach's philosophy and/or expectations.

As your son/daughter becomes involved in the various programs at **Lopez**, he/she will experience some of the most rewarding moments of his/her life. It is important to understand that there also may be times when things do not go the way your son/daughter wishes. At these times, discussion with the coach may be the quickest and most effective way to clear up the issue and avoid any misunderstanding.

#### APPROPRIATE CONCERNS TO DISCUSS WITH COACHES

- 1. The treatment of your son/daughter, psychologically and physically.
- 2. Ways to help your son/daughter improve.
- 3. Concerns about your son/daughter's behavior.

At times it may be difficult to accept the fact that your son/daughter is not playing as much as you or he/she would like. Coaches are professionals who make judgment decisions based on what they believe to be the best for the team and all involved. As you have seen from the list above, certain things can be and should be discussed with your son/daughter's coach. We ask that other things, such as those on the following page, be left to the discretion of the coach.

### **COACHES' DECISIONS**

- 1. Playing time.
- 2. Team strategy.
- 3. Play calling.

Matters concerning other student/athletes. There are situations that may require a conference between the coach, the athlete, and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other person's role and position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue of concern.

# IF YOU HAVE A CONCERN TO DISCUSS WITH A COACH, PLEASE FOLLOW THE PROCEDURE BELOW:

- 1. Your son or daughter should first talk with the coach about his/her concerns.
- 2. Call to set up an appointment with the coach.
- 3. If the coach cannot be reached after a reasonable time, call or email <u>Marina Steinbrueck email</u>, Athletic Director. She will arrange the appointment for you.
- 4. Please do not approach a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings at these times usually do not work well for the coach, the parent or the player.

#### THE NEXT STEP

- 1. What can a parent do if the meeting with the coach did not provide a satisfactory resolution?
- 2. Call and set up an appointment with the Athletic Director to discuss the situation (468-2219).
- 3. At this meeting the appropriate next step can be determined as necessary. Whether or not this step is ever reached, please keep in mind the following protocol when you elect to pursue a concern you may have regarding your son or daughter's experience on one of Lopez's sports teams. Please make contact as follows:
- 1. Assistant Coach.
- 2. Head Coach.
- 3. Athletic Director. (468-2219)
- 4. Principal. (468-2219)

Since research indicates a student involved in co-curricular activities has a greater chance for success during adulthood, these programs have been established and encouraged. Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school.

We hope the information provided within this pamphlet helps to make the **Lopez Island School District** Athletic Program as enjoyable and as positive as possible for both you and your son or daughter. Thank you for your support.

#### REMINDERS

- 1. If an athlete visits a physician for illness or injury, he/she must bring a note from the doctor before being allowed to return to practice.
- 2. If an athlete misses any class, he/she will not be allowed to play in a contest that day unless the absence was approved in advance by the AD or the

- principal. Failure to follow this requirement will result in a contest forfeiture.
- 3. Any use of drugs or alcohol will result in a suspension. School rules and policy apply.
- 4. Any athlete who is ejected from a contest will be suspended at least until after the next contest at the same level is completed.
- 5. An athlete may not miss a team practice or contest to participate in a nonschool sporting event.

## WASHINGTON INTERSCHOLASTIC ATHLETICS



Sportsmanship
Ethics
Integrity
ATHLETICS FIRST- WINNING SECOND